



BRAZILIAN JIU-JITSU SEMINAR



With JUDE SAMUELS



**3HR SEMINAR COVERING GI AND NO GI GRAPPLING
WITH THE ONE OF THE FIRST UK BLACK BELTS IN
BRAZILIAN JIU JITSU**

- **BLACK BELT UNDER MAURICIO GOMES**
- **INSTRUCTOR AT THE ROGER GRACIE ACADEMY**
- **OWNER OF EFN SPORTS.COM**

SATURDAY 1st NOVEMBER 2008 1pm – 4pm

**The Mcleod Academy
7 Pembroke Rd
Aylesbury
Bucks
Hp20 1BD**

£30 per Person

Limited Spaces

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